

St. Elizabeth Roman Catholic Church

REV. FR. MARTIN NDYANABO, PASTOR

REV. MR. FRED JARDINE, PERMANENT DEACON

St. Elizabeth Parish is a faith-filled community, built on the example of hospitality shown by St. Elizabeth herself. We welcome and celebrate people from all walks of life, and we strive to learn from Sacred Scripture, our Catholic tradition, the Sacraments, and one another.

We are committed to nurturing the spiritual, physical, and emotional well-being of all we encounter. Above all, we spread the joy and love of Christ's Gospel of life in our Parish, neighborhood, and to all nations.



SUNDAY MASSES

Saturday: 4:30 p.m.

Sunday: 9:00 a.m.

Sunday including Children's Liturgy: 10:30 a.m.

Hungarian Mass: 12:00 p.m.

CONFESSIONS

Saturdays: 3:30 p.m. - 4:00 p.m. or by appointment.

BAPTISMS

Please call parish office at 613-725-2242.

WEEKDAY MASSES

Tuesday - Friday: 9:00 a.m.

Adoration of the Blessed Sacrament

Tuesday to Thursday, 8:15 a.m.

Friday, 1:00 p.m. to 6:00 p.m.

Holy Rosary - 8:15 a.m.

First Fridays: Anointing of the Sick at Daily Mass

WEDDINGS

To be arranged 6 months in advance.

1303 LEASIDE AVE., OTTAWA, ONTARIO K1Z 7R2 TEL 613-725-2242

st.elizabethparish@rogers.com

stelizabethottawa.ca

*"But as for what was sown on good soil,
this is the one who hears the word and understands
it, who indeed bears fruit and yields,
in one case a hundredfold, in another sixty,
and in another thirty."*

Matthew 13:23

Mass Intentions for the Week

Tuesday, July 18: Weekday

9:00 a.m., Soul of Stewart Manley by Beth Manley

Wednesday, July 19: Weekday

9:00 a.m., Anniv. Blessings on Deacon Fred & Sarah
Jardine by Terry Normoyle

Blessings on Diane O'Gorman by Terry Normoyle

Thursday, July 20: Saint Apollinaris

9:00 a.m., Blessings on Pam Lusito
by Joy Wolfenden

Friday, July 21: Saint Lawrence of Brindisi

9:00 a.m., Blessings on Pat Murphy
by Terry Normoyle

Saturday, July 22: Solemnity

4:30 p.m., Soul of Jean Murdock
by Norma & Donna & Diane

Healing for Martha by Sharon Murphy

Sunday, July 23: 16th Sunday in Ordinary Time

9:00 a.m., Soul of Mark Wright by Jan Wright
In Thanksgiving for God's Blessings
by Markdonald Chukwu & Family
10:30 a.m., For All Parishioners

Sick in Our Parish

We pray for all those who have died,
and all those who mourn them.

**We pray for the sick of our Parish and for all those
who care for them, especially for:**

Ashleen, Tereza Adam, Elina Anker, Sarah Bowie,
Gerti Chapman, Emiliana Cabuga, Howard Campbell,
Jeff Carroll, Rosa Delascio, Tristan Denis,
Lynn Dobson, Margaret Doherty, Pat Dooley,
Johanne Gagnon, Jane, Raymond Joly Sr., Allan Kelly,
Rick Lachance, Marlyn McAndrew, Monique,
Gerald Normoyle, Diane O'Gorman, Greg Patacairk,
Dorothy Ryan, Pat Redmond, Margaret Scissons,
David Simpson, Bob Tait, Lamomba Tito, Johanna
Tobin, Lourdes Villena, Susan White, Jan Wright,
Sylvia Zito

St. Elizabeth Parish Altar Servers



4:30 p.m. Paul Obinna, Treasure
Agazuma, Emmanuel Agazuma

9:00 a.m. Brigid Ogbundu,
Claire Ogbundu, Odilia Ogbundu

10:30 a.m. Joseph Uwayezu,
Rodrigue Uwumukiza,
Jyuan Almario, Mary Chukwu,
Imena Ame, Emmanuella Chukwu,

Stephanie Chukwu

Canadian Tire Money Count:\$7.20

Thank you for supporting St. Elizabeth Parish.

Parish Events This Week

Thursday: Seniors Gathering, 12:00 p.m.

Sunday: Live stream of mass at 10:30 a.m.

Sign Up For Pre-Authorized Debit: We are now
able to offer our parishioners the chance to sign up
for pre-authorized debit payments to donate during
these difficult times for individual churches. If you
would like to know more about this service please
contact the parish office.

Bequests and Wills

In your kindness, please remember St. Elizabeth
Parish in your bequests and wills. If anyone wishes
to make such a bequest in their will, the following
clause may be included or added to a will or added
by codicil: *"I give, devise and bequeath the sum of
\$... to St. Elizabeth Church, Ottawa, to be used in
the administration of the pastoral activities of the
parish."*



**Follow us on
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Website:

www.stelizabethottawa.ca

In the Parish



Increase his divine life within you.

Each moment you spend in His Eucharistic Presence will increase his divine life within you and deepen your personal relationship and friendship with Him.

Adoration available in the parish on **Tuesday, Wednesday, Thursday from 8:15 a.m. to 8:50 a.m. and on Friday's from 1:00 p.m. to 6:00 p.m. with Benediction - 5:50 p.m.** "I have come that you may have life, and have it more abundantly." John 10:10

Fr. Martin's Corner



Recently I had promised to journey through this idea of why it is that we need to go to church. This was in response to a very challenging question that was posed to me by one student. Her point was, if God is everywhere, why do I need to go to church to find Him? So today I am trying to offer five benefits of attending Church.

It Connects Us with God

One of the wonderful benefits of attending church regularly is the opportunity to connect with God. Maybe this seems obvious, but having a physical space to connect and draw closer to God is special. Entering a house of worship, we're instantly elevated to a state where we're opening ourselves up to Him and trying to understand his message. Even the simple act of walking in the doors brings you closer. And when we connect with God, He gives us His good gifts of forgiveness and love.

It Helps Us Find Deeper Meaning in Our Lives

During dark moments, there may be times in your life when you wonder, "what's the point?" The world can be a sad place. And when we feel despair, sorrow, stress, and frustration, it's easy to lose sight of the greater plan and purpose that's out there. We might even feel alone and isolated from God. There is no shame in this; it happens. But when we go to church, we're given a greater sense of meaning and purpose. We not only see the history of what led us

to this point but the promise that lies in our future even beyond this world. Attending church regularly can help you stay on track and give you reasons to keep the faith.

It Allows Us to Feel Peace

Week after week, we go through the motions of life and the chaos of every day. If you long for peace and quiet, church is a wonderful space to gain that. When we attend church, we're transported to a place of worship and tranquility. Attending church regularly can help us revisit this peaceful state regularly. It gives us a space to pray as well as respite from the hustle and bustle of our daily lives.

It Strengthens Spiritually

When we attend church regularly, we become better worshippers. It helps us learn to focus more on God and less on ourselves. When we attend Mass and other services, we receive spiritual nourishment from the Lord. This nourishment strengthens us spiritually and helps us grow in our faith.

It Fosters a Sense of Community

Church is not something we do individually, but something to be done with others. When we go to church, we encourage each other in faith and build lasting friendships. If you're looking for a community or just want to make some friends, this is the place to do it! Note that I have said nothing about the Sacraments. This is what we shall deal with separately later.

Fr. Martin

In the Archdiocese

Holy Redeemer: Eucharistic Adoration at Holy Redeemer on **Tuesday, July 25 at 7 p.m.** Guest speaker is Ted Hurley who will speak on missionary discipleship: Being a Missionary Disciple – Answering Jesus's Call. Quiet adoration, live music, sacrament of reconciliation, and fellowship.

149th Annual pilgrimage to St-Anne-de-Beaupre and to Cap-de-la-Madeleine: From the Dioceses of Ottawa-Cornwall, Gatineau, Pembroke, St-Jérôme/Mont-Laurier, and Kingston on August 12-13, 2023. Our celebrant is Bishop Guy Desrochers, Diocese of Pembroke. Please contact: Mike Budge at 613.224.8110 or mike.budge@bell.net or www.ste-anne-de-beaupre.com.

 <p>THE MARK OF QUALITY.</p> <p>McEvoy-Shields Funeral Home and Chapel 1411 Hunt Club Road 613-737-7900 mcevoy-shields.com</p>	 <p>Ottawa Physiotherapy & Sport Clinic Westboro Mon. - Fri. 7am-8pm, Sat. 8am-1pm 347 Churchill Ave. N. P: 613.728.4160 www.optsc.com</p>	<p>Because family matters!</p> <p>Kelly Funeral Home kellyfh.ca Carling 613-828-2313 Somerset 613-235-6712</p>  <p>Arbor Memorial Inc.</p>
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